

# HELP OF DOOR COUNTY, INC.

## HELP's Highlights

Eliminating Domestic Abuse

WINTER 2009

Crisis Line: 800.914.3571 or 920.743.8818 Office: 920.743.8785



### SPECIAL POINTS OF INTEREST:

#### THE GIVING CORNER

#### THANK YOU TO SPECIAL PEOPLE



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## The Giving Corner

### Adopt A Family

Holiday HELP is needed and the response will look different than past years where a donor /client match will not take place. HELP instead is emphasizing the need for Gift Cards (\$25 increments are most beneficial). These can be used year-round, by any client, and assist us to best address these personal needs on an individual basis. In addition to gas, grocery, and discount store cards, some current immediate client needs include: vacuums, cooking pots/pans, glasses, dishes, silverware, toaster, school supplies, blankets (single/queen), and coffee makers. The HELP office is also in need of a vacuum. Please deliver your donated items and gift cards to the HELP office between **November 1 – December 16**. We are grateful for the continued generosity exhibited from our community and the true spirit of altruistic giving this holiday season!

## THANK YOU

\*Door Community Auditorium for collaborating as an additional venue to share HELP's message with those attending the Suzanne Vega Concert on August 28. She is known to many for her '80s hit song, *Luka*; a story about a victim living with interpersonal violence.

\*Domestic Violence Awareness Month Volunteers who painted silhouettes, delivered silhouettes to community sites, made purple ribbon cookies and delivered the ribbon cookies to HELP's constituents.

\*Zion United Methodist Church for hosting a "hymn sing" on September 6 on behalf of HELP

\*Target Corporation for providing \$2,000 in support of HELP's Visitation and Exchange Program

\*Northern Door HELPers for organizing and implementing the 7<sup>th</sup> annual "Stay at Home Ball" in efforts to generate funds for the northern Door services and programs.

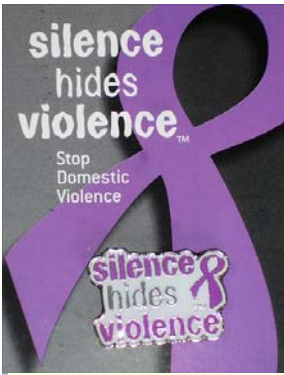
\*Blue Dolphin House & BDH Studios for hosting the "Paint it Forward" event benefiting HELP.

\*Wild Tomato for allowing HELP to be October's Donation Creation pizza proceeds beneficiary.

### From The Director By: Barb Maskell

I hope your summer held an opportunity to refresh. I wonder how the summer months go by so quickly. As I watch the leaves change it reminds me of all the struggles this past year has held. We all have struggled to find our balance in a rapidly changing economy. Fundraising has been tough. I am confident HELP will come through these uncertain economic times as I believe the tide is turning in a more positive direction. Fall is a time of change and hope. Together we will continue to create a safer place for victims of domestic abuse to seek services. Together our voices will not be silenced by economic hardship, we will endure. Together, we can become agents of change.





**DV Month Recap      By: Erica Dimmett**

Domestic Violence Awareness Month (DVAM) 2009 was a great success. During the month of October, HELP of Door County, Inc. organized a wide variety of educational displays and programs to create community awareness on domestic violence and urging those in Door County to continue the fight to end domestic violence.

Throughout Door County, the Silhouette Project was displayed utilizing domestic violence statistics to educate our community. Additionally, HELP of Door County, Inc. had an article in the Peninsula Pulse and utilized volunteers to distribute stickers to supporting businesses in the county. HELP of Door County, Inc. also participated in our second annual cookie distribution to the other agencies and departments in Door County that assist with the day to day work and advocacy.

Thank you to all of our wonderful volunteers for their help and support throughout the month of October. In 2010, Domestic Violence Awareness Month will be moving to May. Please watch for our DVAM plans for 2010. Have a safe year.

**Upcoming Events**



**2010**

- April** - Child Abuse Prevention Month
- Sexual Assault Awareness Month
- April 20th** - Annual Meeting (Time and Place to be determined)
- May** - Visitation & Exchange Month
- Domestic Violence Awareness Month

**Christian Group:      By: Erica Dimmett**

HELP of Door County, Inc. is excited to announce the addition of a Christian-based Domestic Violence support group. **HIDING HURTING HEALING** is 12-week program, presented by Donna E Moens.

The materials and experiences of this group are designed to help women who are injured by painful relationships – past or present. The group will use videos, DVDs, music, testimonies, instruction (200+ page notebook) and small group interaction with homework. The goal is to gain strength, meaning, worth, decisiveness, peace and overall victory in Christ.

If you are interested in attending our next session or would like more information, please call HELP of Door County, Inc. at 743-8818.



We are Here

- We are here to listen ... not work miracles.
- We are here to help a woman discover what she is feeling ... not to make the feelings go away.
- We are here to help a woman identify her options ... not to decide for her what she should do.
- We are here to discuss steps with a woman ... Not to take steps for her.
- We are here to help a woman discover her own strength ... not to rescue her and leave her still vulnerable.
- We are here to help a woman discover she can help herself ... not to take responsibility for her.
- We are here to help a woman learn to choose ... not to keep her from making difficult choices.
- We are here to provide support for change.
- Anonymous -
- Produced and distributed by the National Center on Domestic and Sexual Violence ~ www.ncdsv.org

**VISITATION & EXCHANGE UPDATE:**

By Dorothea Carson



The Visitation and Exchange program is receiving a new grant. Look for the upcoming press release as soon as HELP gets final confirmation. The new grant will allow HELP to look beyond court-ordered families and help provide access to anyone that is having issues with visiting his/her children. The goal is to help children see each parent with as little conflict as possible. That might mean giving parents a cooling off period from dealing with each other or providing a space for a parent to visit with his/her child. If you know of anyone that could use this kind of assistance, please call HELP today.

***The mission of HELP of Door County, Inc. is to: eliminate domestic abuse through prevention and intervention services and to advocate for social change.***